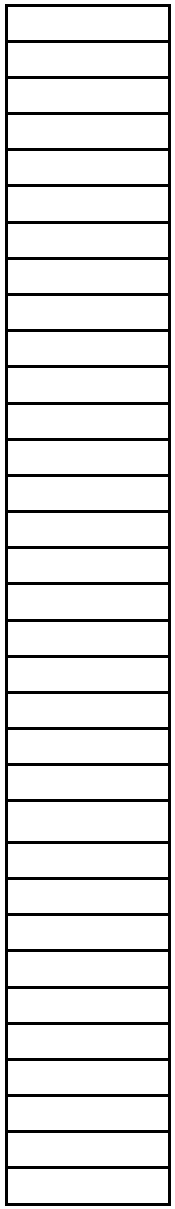
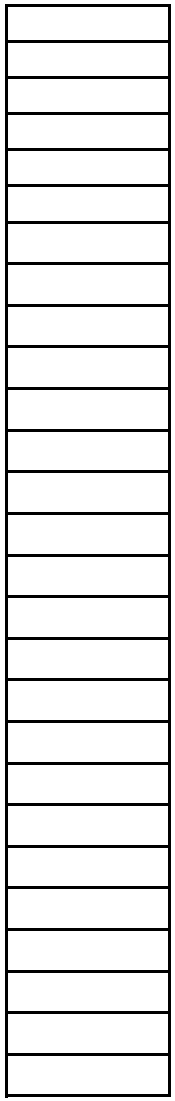
May & June 2005											
Fitness Test Results											
Athlete	YOB	CH 1/2	Cooper	Pull-Ups	Static Back	Crunches	5 Jump	Agility	Box Jumps	Total	
Donald MacIntyre	91	2	2680	5	149	51	10.26	injured	70		
Points scored			8	0	5	5	4	0	8	30	
James Filsell	91	2	2860	6	116	50	10.30	N/T	51		
Points scored			8	1	5	5	4	0	0	23	
Harry Brown	91	2	3120	11	120	59	11.06	25	70		
points scored			10	5	5	5	8	10	8	51	
Jack Evans	91	2	3020	9	120	73	11.60	26	71		
points scored			10	5	5	5	10	10	10	55	
Nick Robinson	91	2	2930	11	120	84	11.18	27	75		
points scored			10	5	5	5	8	10	10	53	
Mike Thelwell	91	2	3050	7	120	62	11.18	26	67		
points scored			10	2	5	5	8	10	6	46	
Alastair Stang	92	2	2930	10	176	47	10.40	29.0	65		
Points scored			10	5	5	5	6	10	8	49	
Jo Morrison	92	2	2930	11	180	46	11.19	29.0	61		
Points scored			10	5	5	5	10	10	6	51	
Jake Williams	93	1	2620	10	105	41	10.00	26	62		
points scored			6	5	5	5	8	10	10	49	
Alistair Kuwall	93	1	2350	2	45	29	9.47	38.0	55		
Points scored			0	0	0	0	4	4	6	14	
Level 3 Pass Mark											
33 in all categories											

Athlete	YOB	CH 1/2	Cooper	Pull-Ups	Static Back	Crunches	5 Jump	Agility	Box Jumps	Total	
Amanda Rennie	91	2	2350	2	172	35	9.28	30	53		
Points scored			0	3	5	0	4	10	6	28	
Dannielle Polley	91	2	2200	0	103	25	9	n/t	39		
Points scored			0	0	3	0	4	0	0	7	
Harriet Steggles	91	2	2800	7	211	60	10.19	27	65		
Points scored			10	5	5	5	8	10	10	53	
Jayme Baggio	91	2	2630	6	220	70	10.8	26	62		
Points scored			6	5	5	5	10	10	10	51	
Louisa Russell-Henry	91	2	2720	0	120	70	9.73	31	47		
Points scored			8	0	5	5	6	8	2	34	
Abi McMahon	91	2	DNF	0	120	48	9.95	28	45		
Points scored			0	0	5	5	6	10	2	28	
Lizzie Francis-Venezia	91	2	2790	6	120	34	10.14	27	59		
Points scored			10	5	5	0	8	10	10	48	
Christy McKinnon	92	2	2050	0	79	25	8.37	n/t	40		
Points scored			0	0	1	0	4	0	0	5	
Hannah Garwood	92	2	2650	0	153	70	9.06	35	40		
Points scored			8	0	5	5	6	6	0	30	
Alex Tilley	93	1	2300	1	118	38	9.47	30	68		
Points scored			2	1	5	3	8	10	10	39	
Alessia Thomas-Jackson	93	1	DNF	0	105	29	9.26	28	70		
Points scored			0	0	5	0	8	10	10	33	
Level 3 Pass Mark											
33 in all categories